

### **PRE-PRESS GUIDELINES- BEST PRACTICES**

The prepress department at Quality Printing, have created a "Best practices Guidelines" for you when sending files to ensure that your project goes smoothly, and stays on the time frame required. As always, there may be special circumstance, issues not covered, and items that may require further clarifications.

**Please do not hesitate to our prepress department at 601-353-9663 for any questions or further assistance!**

#### **Programs that we support for best results.**

Adobe High Resolution PDFS with 1/8" Bleeds

**If possible please send the below native file formats for easier manipulation by our team in case alterations or changes need to be made to your file:**

- Adobe InDesign
- Adobe Illustrator
- Adobe PhotoShop

#### **Layout:**

- Design to Flat Sizes
- Always include a 1/8" (.125) bleed on any side that bleeds
- Include Die-lines in separate layer and set not to print
- Allow 1/8" for inside folds (like a double-gate fold)
- Provide separate versions or pieces as separate documents
- Try to keep all type 1/8" away from all cut lines
- Use solid colors (Pantone or 100% K, for example) for small type for Digital

#### **Page Counts:**

Projects with multiple pages must have page counts in file divisible by four (4) for saddle-stitching:

8 page, 12 page, 16 page, 20 page, 24 pages etc.

***Blank or Notes Pages may be added to make your project divisible by 4.***

#### **Fonts:**

- Place fonts in a separate folder (ie. in a directory named "Fonts")
- Include all families (screen & printer) for the job
- OpenType (.otf) fonts preferred
- No Fake styles (bolding, italic, etc) use the correct font from the family version

#### **Colors:**

- Use Pantone Matching System names from swatch books
- When using Pantone Colors, remember the substrate the piece is being printed on (ie 'C' for coated, 'U' for uncoated.)
- Always include a 1/8" (.125) bleed on any side that bleeds
- NO RGB colors, kindly convert them to CMYK values
- Consider using Rich Blacks when doing large solid areas of black for Offset (C=75 M=68 Y=67 K=89)
- If possible, use black grays (levels of K) for solid panels
- When using color profiles be sure to embed them

#### **Graphics:**

- Send all linked graphics separately in their own folder
- Should be sized 100% and with the dpi around 250-350 dpi, default 300dpi
- Use .TIFF, .JPG or .EPS formats
- DO NOT send RGB images, convert these to CMYK
- Flatten effects like transparency and drop-shadows for Digital

#### **Print Ready Files:**

- Use PDF formats that are transparency friendly: PDF/X-1a, PDF 1.3 (Acrobat 4)

- Include a 1/8" bleed where appropriate

- Fully Embed all fonts

- Run the document through an Acrobat Preflight:

Advanced -> Print Production -> Preflight -> (Sheet fed offset or Digital Printing Color)

- Produce Spreads, where appropriate

#### **Sending / Collecting / Packaging:**

- Use OS independent friendly names: shorter than 128 characters, ASCII alpha-numerics, use file extensions, and no special characters

- In InDesign and Quark, use the built-in Package/Collect facilities and

collect into a separate folder

- Remember to include any fonts or images used within placed Illustrator files

- Compress all files into a .zip file, per document.

For example, if collected a document into Folder

"Collected" compress that into "Collected.zip" or

"Collected.sit" format

- Upload files to our UPLOAD Area on our website